

# 5 THINGS

Five Things is a service of Weavers Way.

Because there's nothing that can't be improved by something you bought at the Co-op!



## Five Things...To Ward Off the Cold

For the next few months, we'll be doing battle with the big chill. Here are some Co-op allies to keep you warm inside and out. Selection may vary by store.



1

### Cozy Wearables

For your top half, scarves from **Rising Tide**, **Terra** and **Andes Gifts**. Hats, headbands, arm warmers, mittens and fingerless gloves or two-way gloves from **Andes Gifts** and **Shupaca**. For legs and tootsies, **Maggie's** snuggle socks, ankle leggings (**Ambler** only) and wool sweater socks; **Down to Earth** slipper socks; slippers for guys and gals from **Feelgoodz**.



2

### Pancake Mixes

**MuMu Magic** in bulk in **Ambler** and **Mt. Airy**, **Madhava Organic** in bulk on **Carpenter Lane**. Boxes or bagged mixes from **Arrowhead Mills**, **Birch Benders** and **Kodiak Cakes**. Also, gluten-free concoctions from **Maple Grove Farms**, **King Arthur Flour**, **Arrowhead Mills**, **Pamela's** and **Bob's Red Mill**.



3

### Tea for Many

Twenty nine bulk choices in **Mt. Airy**, 20 in **Ambler**, eight in the **Hill**. Scads of boxed varieties from **Numi**, **Tazo**, **Rishi**, **Equal Exchange** and **Yogi**, among others. And don't be shy about chai; we've got brands in each store.



4

### Soup for All

Our Prepared Foods creations are amazing. But after hours, try packaged versions from **Amy's**, **Bar Harbor**, **Pacific**, **Imagine**, **Wolfgang Puck** and **Health Valley Organic**. Or make your own with bean-soup mixes from **North Bay Trading** (in bulk in **Mt. Airy** and **Ambler** and packaged in **Chestnut Hill**).



5

### Hot Meal in Hand

Muchos tipos burritos for breakfast and beyond from **Amy's**, **Evol**, **Sweet Earth**, **PJ's Organics** and **Glutenfreeda**. Calzones from **Bold Organics**. Samosas and wraps from **Amy's**. Vegan pepperoni pizza pockets from **Tofurky**.

— Karen Plourde