



# We dig what we eat.

HOPE FARM @ MLK HIGH SCHOOL

96% boosted their focus

89% tried a NEW way of acting around people

88% learned to push themselves more

83 STUDENTS, 144 HOURS



718 PROGRAM PARTICIPANTS  
1,160 HOURS OF PROGRAMMING  
5,680 POUNDS OF PRODUCE GROWN  
4,210 POUNDS OF PRODUCE DONATED



SAUL HIGH SCHOOL 280 STUDENTS, 501 HOURS

80% tried new things, including stepping into leadership roles

86% were inspired to think about the future, practice self-discipline, and explore new ways of achieving goals



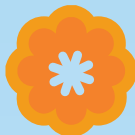
### STENTON FAMILY MANOR

310 PEOPLE SERVED  
421 PROGRAM HOURS



### SUMMER YOUTH CONFERENCE

65 TEENS SERVED  
10 PROGRAM HOURS



### SAUL OST

25 STUDENTS  
50 PROGRAM HOURS



### SAUL SUMMER INTERNS

17 TEENS SERVED  
156 PROGRAM HOURS



### HOME VISITS

58 HOURS, 34 HOME VISITS

1ST VISIT: Average parent cooked 3x per week

2ND VISIT: Average parent boosted their home cooking to 5x per week, eating out less than once

HOPE KITCHEN @ STENTON FAMILY MANOR



97% cut 1.5 sugary drinks from their daily diet

86% drank 2 more glasses of water each day

85 STUDENTS, 127 HOURS

## GARDEN CLUB 155 PARTICIPANTS - 182 HOURS

92%

of middle school participants tried new things, digging into opportunities not available anywhere else!



90%

enjoyed trying new fruits and vegetables, igniting a more positive attitude towards healthy eating

